

Hanohano Monthly

April 2024



Malama Kai Blessing

We officially welcomed the Malama Kai to our family on Sunday, March 17. A special thank you to Patty who made stunning leis for the iakos and canoe. She also coached many of us how to craft a ti leaf lei which we then got to add to the canoe iakos which was a very cool addition to the blessing. Leslee Matsushige welcomed the crowd and shared some very special words about what paddling means to her and the importance of the name Malama Kai which translates as - to care for and protect the sea/ocean. Leslee has been paddling with the club for at least 30 years and brings the true meaning of ohana and grace with her paddling and her words. Kai Matsushige then blew the conch shell for the beginning of the blessing. Ty Aweau, men's coach, presented a prayer in Hawaiian

for the protection and spirit of the canoe. Long time Hanohano member Tony Serafin gave us some history and progression of the sport before blessing the canoe with holy water, carried in a koa bowl by Carter Teasdale, spread by ti leaves and Hawaiian sea salt. After the canoe was blessed it was carried to the beach by club members. Representing the characteristics that we hope each paddler brings with them as they practice and race in the canoe: youth, scholar, strength, ohana, fun, leadership/knowledge, Carter, Pedro, Daven, Rona, Ashley and Suzanne were chosen to take the canoe for its first run.

The day continued with a fabulous brunch, chit chat on the grass, kids paddling the canoes and fun day.



More photos from the blessing at bottom of newsletter

Welcome New Hanohano Members

A special welcome to all of our novices and new members. We look forward to getting to know you in and out of the canoes. If there is anything you need or have questions about please feel free to ask any coach, board member or paddler!

Practice Schedule

Men's practices

Tuesday / Thursday 5:00 p.m. toes wet 5:30 p.m.

Saturday 8:00 a.m. toes wet 8:30 a.m.

Women's practices

Monday / Wednesday 5:30 p.m.

- we will start moving canoes to the beach between 5:00-5:15 if you can get there a little early

Sunday 7:30 a.m.

- you should be parked, dressed, paddle in line ready to move canoes no later than 7:30 a.m.

Juniors practices - SUNDAY MARCH 31

Sunday mornings 10:30 a.m. - season schedule coming soon

Our junior program is for kids 8 - 16 years looking for a low-key, fun, safe, enjoyable introduction to outrigger paddling and racing.

Safety

Please be aware of fishing lines off the rocks as you approach the bridge and go around Mission Point and out the jetty. If you are steering the outside canoes please give the inside canoes adequate space to clear the lines. Always look ahead to see people, lines, poles that you may need to go around. Stokers - don't be afraid to let your steersperson know if you see something that you think they do not. There is potential for injury to paddlers with fish hooks as well the line, the fisherperson may get hurt on the rocks trying to save their equipment and more. If you do snag a line, keep your cool, hold water, disentangle, make sure everyone is ok before proceeding - do not engage and get into heated arguments with the fisherpeople!!

Anyone steering who hits a line buys beer/soda/sparkly water for the team!!

Fundraising

Aloha Day

Aloha Hanohano members!

Aloha Day is coming up in just over a month and we need to get teams registered! Please print out the flyer (attached) and get it out to your friends, family, and colleagues. Post it at your local coffee shop and

gym. We will be coming by both the men's and women's practices in the next couple of weeks asking for volunteers to support us that day. Please clear your calendars and be ready to help support this fun day!

For our newer members: Aloha Day will be taking place on April 20th and is a fun morning of introducing the sport of outrigger paddling to your friends, family, and colleagues. Participants will learn how to paddle and will participate in fun, but exciting races. This event is for new paddlers only (not members of any club). Participants are encouraged to register in teams of 5 (Hanohano provides the steersmen) or as individuals looking for a team.

ARE Outrigger is graciously donating dry bags as our swag offering this year and there will be prizes for our top boats, as well as a most-spirited team award.

Please encourage everyone to register here: [Aloha Day Registration](#) and get those flyers distributed!

Thanks all,

Wendy

ALOHA DAY 27TH ANNUAL
2024
OUTRIGGER CHALLENGE

Saturday, April 20, 2024 @ 8am
CROWN POINT BEACH PARK
ALL LEVELS WELCOME

HANO HANO CANOE CLUB

Sweet Swag for first 300 registered participants • A fun morning for you, your friends, family, and co-workers • Come learn how to paddle and race an outrigger canoe • We will provide all equipment, instruction, and steering of the canoe • Sign Up • hanohano.com/outrigger-challenge

TEAM \$175 team of 5 w/least 2 women • INDIVIDUAL \$35 pair w/other individuals

Crystal Pier

Race day is Saturday May 11

Sheila is our chairperson for Crystal Pier. She is already hard at work on race logistics and day of specifics as well as finalizing the logo.

Sign up to be on a “team” for race day

Parking (Steve J)

Merchandise (Lorraine)

Beer Garden (Olivia)

Raffle (Andrew)

Awards (Kelsey)

Vendors (Emi)

SCORA helpers

Things you can do now!

Raffle prizes - solicit your favorite stores, companies for raffle prizes: hats, t-shirts, bikes, boards, canoes, plane tickets, coolers, gift certificates, wetsuits, paddles... whatever you can think that would make a cool raffle prize

Silent “Art” Auction - many of you have artistic talent and we showcase that at the silent auction! If you can draw, paint, sew, photograph, knit... whatever your specialty is - we hope that you will donate one of your masterpieces to the silent auction!

Sweet Shack - it is a little early to create your sweet treats but not to start thinking about them! People love a little sugar at the race and we hope that you can donate cookies, brownies, a cake (yes people really will buy a whole cake to take back to their team!)... homemade is best!

Hanohano Patches and Coins

To raise a little money for the team, Ty has Hanohano patches and coins for sale!



Patches are \$9 and coins are \$19. Contact Ty at Hanoanokane@gmail.com if you would like to purchase

Member Spotlight

The member spotlight will be highlighting some of Hanohano's newest, resident and past paddlers in the upcoming months. Each person highlighted was asked a few questions that will help us get to know them better as a paddler and as a person!



Dawniel Malandra - Transfer paddler to Hanohano

Number of years paddling? 3 or 4

Clubs paddled with? Catalina and a club in Maui

What makes you want to come to practice? Being on the water, a shared experience with good people

Did you play sports as a kid/in college? Somewhat

What do you do for work? Teacher

If you could go anywhere in the world - where would you go? New Zealand, Turkey, Greece, Iceland

Any causes that are important to you? Orgs that support animals

Family you want to mention? Mom

Favorite Holiday? Christmas

Quick fire (choose one)

cake/pie : pie

burpies/sand sprints: sand sprints

beer/wine/something else: something else

chapstick/lipstick: chapstick

beach/mountains: both

cats/dogs: dogs

gym/pool: ocean

sunrise/sunset: sunset

pizza/burger: pizza

sneakers/sandals: sneakers

music/silence: music

vanilla/chocolate: vanilla

travel to past/travel to future: travel to past

cannonball/dip a toe: dip a toe



Rick Ploeger - Novice Paddler

Number of years paddling? 0 years - I didn't even know what an outrigger canoe was a month ago. I am the definition of a novice.

Clubs paddled with? None prior to Hanohano

Favorite race? No idea but I'm sure I'll have one soon

What makes you want to come to practice? This is a really cool group of guys that I'm enjoying getting to know. I'm literally nervous each time before practice as everything I'm doing is new to me. Without fail, there's always someone helping me out so by the end of each practice I feel a little more confident and can't wait for the next practice.

Did you play sports as a kid/in college? I did swimming and running.

What do you do for work? Chiropractor

If you could go anywhere in the world - where would you go?

Thailand

Family you want to mention? I have a wife and two daughters one of which now wants to try paddling

Favorite Holiday? Christmas

Anything we should know or want to know about you? I love hiking and road trips in old classic cars, the two together make a great combo.

Quick fire (choose one)

cake/pie : pie

burpies/sand sprints: sand sprints

beer/wine/something else: wine

chapstick/lipstick: chapstick

beach/mountains: beach

cats/dogs: dogs

gym/pool: gym

sunrise/sunset: sunset

pizza/burger: burger

sneakers/sandals: sneakers

music/silence: music

vanilla/chocolate: chocolate

travel to past/travel to future: travel to past

cannonball/dip a toe: cannonball



Stevel Jewel - current Hanohano paddler

Number of years paddling? We began whitewater kayaking in 1994. I started Dragonboat in 2003 and joined Hanohano the following year. (And now we know why I'm falling apart.)

Clubs paddled with? Hanohano, San Diego Dragonboat, Team USA Dragonboat, Southbreeze

Favorite Outrigger Race? Dana, hands down. The water is so gorgeous (even if it does get a little sharky)

What makes you want to come to practice? The people

Did you play sports as a kid/in college? Just skiing and running from bouncers

What do you do for work? Retired from Insurance Claims

If you could go anywhere in the world - where would you go? As long as Karen is there, I'd go anywhere.

Family you want to mention? Tyler is living in Eureka working for the National Weather Service. He surfs daily and has gotten the surfski bug

on his Nelo550. Jozie is the jet-setter, currently making wine in Australia. Both will be ripping it up at the Gorge this year.

Favorite Holiday? Christmas because the world should always smell like cinnamon

Anything we should know or want to know about you? I like cats. I am currently parked under 2 of them so the rest of my day is pretty much shot. Can someone bring me some ice cream?

Quick fire (choose one)

cake/pie : pie

burpies/sand sprints: you're kidding, right?

beer/wine/something else: chocolate shakes

chapstick/lipstick: chapstick

beach/mountains: mountains

cats/dogs: cats

gym/pool: gym

sunrise/sunset: both are good for paddling

pizza/burger: pizza

sneakers/sandals: sneakers

music/silence: silence (when I'm not playing in the band)

vanilla/chocolate: chocolate

travel to past/travel to future: happy right here

cannonball/dip a toe: cannonball



Ashley Harbecke - current Hanohano paddler

Number of years paddling? 4

Clubs paddled with? Hanohano

Favorite race? Marina del Rey

What makes you want to come to practice? The girls and ocean

Did you play sports as a kid/in college? No - dancer

No - dance What do you do for work? Teacher

If you could go anywhere in the world - where would you go? Japan

Favorite Holiday? Summer Solstice

Anything we should know or want to know about you? I am yoga certified and would love to lead us in yoga classes

Quick fire (choose one)

cake/pie : pie

burpies/sand sprints:

beer/wine/something else: wine

chapstick/lipstick: chapstick

beach/mountains:

cats/dogs: cats

gym/pool: gym

sunrise/sunset: sunrise

pizza/burger: pizza

sneakers/sandals: sandals

music/silence: music

vanilla/chocolate: vanilla

travel to past/travel to future:

cannonball/dip a toe: dip a toe



Corey Stuckey - Hanohano alumni

Number of years paddling? 12

Are you paddling now? No, but I really wish I was! I will again soon.

Clubs paddled with? 11 years with Hanohano, one with Outrigger Santa Cruz

Favorite Outrigger Race? Crystal Pier! I always loved that we got to host the first race of the year. It's a mix of first race nerves and hard work, and always ends up being a really fun time. My birthday also falls around the same time, so I liked to think of it as a giant birthday party with my pals!

What makes you want to come to practice? My teammates, getting time on the water, a good workout, and taking dips especially during 9-man season

Did you play sports as a kid/in college? I ran track (hurdles) from middle school through college. I also played golf for my middle and high school teams.

What do you do for work? I currently work for a company called Pangea Biological, based in Carlsbad. I have a marine science background and specialize in mapping and spatial analysis. Right now, I basically help to guide the construction of utilities and buildings to reduce environmental impacts as much as possible.

If you could go anywhere in the world - where would you go? My ideal trip would be to explore different regions in France and Italy - drink lots of wine, eat delicious food, dip in the Mediterranean, enjoy the art, and watercolor paint!

Any causes that are important to you? I am very passionate about ocean conservation and much of my career has been dedicated to the protection of our ocean and surrounding environment. We are so

fortunate to live near the Pacific Ocean and it is in our hands to protect it.

Family you want to mention? I had my baby girl during the first year of the pandemic (Cate). She is 3.5 now and loves the water! I took her surfing for the first time last summer, and hoping to do it more when the water warms up here (warm is relative). I hope she is interested in joining the Outrigger Santa Cruz keikis when she is older.

Favorite Holiday? It's really hard to choose, but I have to go with Halloween. It's a low stakes holiday and I love the opportunity to be creative and crafty. The weather and water are usually perfect that time of year too. Also, having a young kid puts a whole new level of excitement into it.

Anything we should know or want to know about you? Being a part of Hanohano was a really wonderful time of my life and I look back with such fondness. I met so many wonderful women, several of whom are still dear friends. It's a special group and I miss it dearly!

Quick fire (choose one)

cake/pie : Do I have to choose? I cannot. Both.

burpies/sand sprints: sand sprints (see track reference above)

beer/wine/something else: beer

chapstick/lipstick: tinted chapstick

beach/mountains: beach, DUH!

cats/dogs: I have both, but... cats. Meow!

gym/pool: throw me in the water please

sunrise/sunset: sunset

pizza/burger: burrito?

sneakers/sandals: sandals always

music/silence: music

vanilla/chocolate: chocolate!

travel to past/travel to future: I think I'd go with the past

cannonball/dip a toe: like I said throw me in!



Ikaika Pidot - Hanohano Alumni

Number of years paddling? 13

Are you paddling now? Yes

Clubs paddled with? Lanikai, Hanohano, Hanalei, Kauai Wa'a

Favorite Outrigger Race? Pailolo

What makes you want to come to practice? It's a good workout and a good hang.

Did you play sports as a kid/in college? Soccer, track, surfing

What do you do for work? Photographer

If you could go anywhere in the world - where would you go? I'm happy where I am :)

Any causes that are important to you? Ocean education, awareness, safety

Family you want to mention? All of my Hanohano ohana

Favorite Holiday? Valentines, Easter or Halloween. I like candy more than real food

Quick fire (choose one)

cake/pie : cake

burpies/sand sprints: burpies

beer/wine/something else: beer

chapstick/lipstick: never used either

beach/mountains: beach

cats/dogs: dogs

gym/pool: is there a diving board?

sunrise/sunset: sunset

pizza/burger: pizza

sneakers/sandals: slippers

music/silence: music

vanilla/chocolate: chocolate

travel to past/travel to future: travel to past

cannonball/dip a toe: cannonball

Plan your summer!!

The SCORA race schedule is out - take a look and plan your summer. If you plan to race in Santa Barbara, Ventura, Catalina it is a good idea to make your hotel/ campsite reservations early if you plan to stay overnight.

Crystal Pier (San Diego) - Saturday May 11

Rig Run (Santa Barbara) - Saturday May 18

Kahanamoku Klassic (Marina del Rey) - Saturday June 1

Ventura Outrigger Challenge (Ventura) - Saturday June 8

Battle of the Breakwater (Long Beach) - Saturday June 15

Iron Champs (San Diego) - Saturday June 22

Whitey Harrison (Dana Point) - Saturday August 10

Paopao (Oceanside) - Saturday August 24

Catalina (Newport-Catalina) - Saturday/Sunday Sept 7-8

Photos from the blessing and more!





























